

CYCLING IN QUÉBEC IN 2020

4.5 MILLION
cyclists in Québec

3.4 MILLIONS
ADULTS

56%
MALE



44%
FEMALE

1.1 MILLION
YOUTH



 **2.7 MILLION**
Quebecers cycle every week

A PHYSICAL ACTIVITY

EACH WEEK

 **3.3 h**
ADULTS



 **3.4 h**
YOUTH



**VALUE AS
PHYSICAL ACTIVITY**

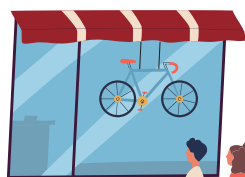
\$2 BILLION/YEAR*



*based on WHO/HEAT figures

AN ECONOMIC ACTIVITY

\$565 MILLION



Acquisition
and maintenance
(bicycles and accessories)

7.2 MILLION
bicycles in Québec



365,000
E-BIKES



2.1 MILLION

Quebecers cycle as means
of transportation



+17%

trips in Montréal
between 2013 and 2018

BICYCLE NETWORK AND MOUNTAIN BIKE TRAILS

52%

of trips are made
on bicycle networks

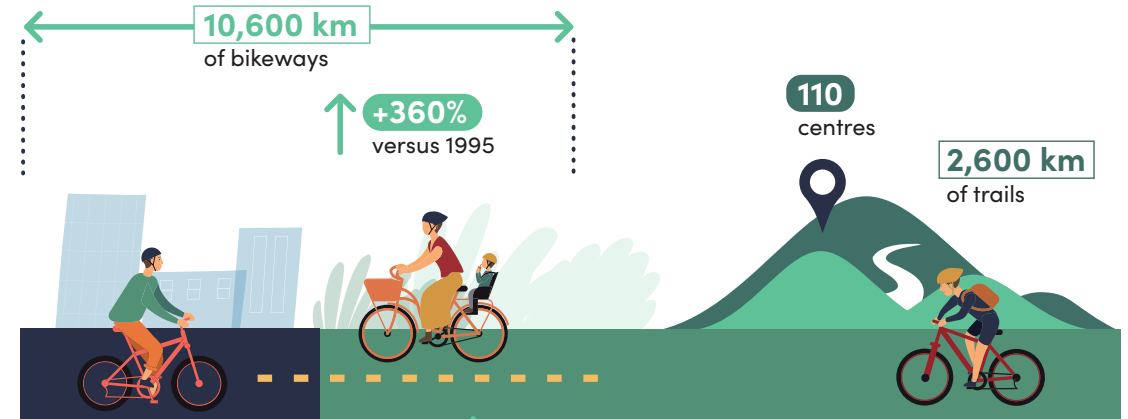
10,600 km
of bikeways

+360%
versus 1995

1.1 MILLION
mountain bikers

110
centres

2,600 km
of trails



5,100 km
Route verte

